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# Running routes in Herzogenaurach

Running is one of the most popular sports in Herzogenaurach. Therefore, a network of running routes with a total length of approx. 34 km has been established.

The different routes range between 2 km and 21 km (half marathon) and are meant for runners, walkers, power walkers, Nordic walkers, beginners and professional runners alike.

Additionally, the Turnerschaft Herzogenaurach sports club offers weekly running groups. Corresponding information is available at the Turnerschaft Herzogenaurach running sports department:

All running routes (circular courses with the same starting and aiming point) at a glance:

## Running route 1



Length: 1.91 km

Overall height: 16 m

Traffic lighted: 1.91 km

The starting and aiming point is in Bahnhofstraße, just before the roundabout in front of the police station. The route runs alongside the Aurach river and encircles the Old Town of Herzogenaurach.

At the Hirtengraben, between Gartenstraße and Noppengasse, there is the "Dassler villa". In this building subject to cultural heritage protection, the founders of PUMA and adidas, namely the brothers Adolf and Rudolf Dassler, grew up.

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Traffic lighted: 3.70 km

Running route 2 is a hard-surfaced and traffic lighted running route and is therefore particularly suitable for female runners. The starting and aiming point is located at the original adidas building at the corner Hans-Maier-Straße/Bahnhofstraße.

At first, the route runs alongside the Aurach river on the northern riverside, before turning into the Weiherbach area at the Steggasse. After the festival grounds, it crosses the Schleifmühl area, passing by the HerzogsPark hotel and the public "Gymnasium" secondary school. Finally, it leads back to the starting and aiming point via the Dr.-Dassler-Straße.

## Running route 3



Length: 5.07 km

Overall height: 38 m

Bituminized path: 3.80 km

Gravel path: 1.27 km

Traffic lighted: 2.83 km

Running route 3 is a partially traffic lighted and partially hard-surfaced track also including gravel and forest paths. The starting and aiming point of this circular route is located at the PUMA-

Sprint building in Würzburger Straße, just before the Aurach bridge.

After crossing the Aurach river, the route runs along the Würzburger Straße and passes by the Atlantis indoor pool. At the old waterworks, the track turns right and now leads to the northern bypass via field paths, passing by the woodland area of Birkenbühl. Subsequently, the route runs via the streets "In der Reuth" and "Welkenbacher Kirchweg" back to Würzburger Straße and the starting and aiming point at the PUMA building.



**NEW: Running route 3 is now to take away. Just download the data and use a running app.**

## Running route 4

Length: 8.50 km

Overall height: 80 m

Bituminized path: 4.63 km

Gravel path: 2.04 km

Forest path: 1.83 km

Traffic illuminated: 2.62 km

Running route 4 is a partially traffic lighted and partially hard-surfaced track also including gravel and forest paths. The starting and aiming point of this circular route is located at the PUMA-Sprint building in Würzburger Straße, just before the Aurach bridge.

The route starts in the west of the town and runs past the Reha clinic to the field area between the airport and Welkenbach. It then crosses the field area north of Falkendorf and, near Weisendorf, reaches the connecting road to Buch. After passing through Falkendorf, it runs alongside the Dohnwald woodland, follows the Aurach river and finally reaches the Herzogenaurach

town area again at the Michael-Kreß-Weg. After crossing the Hans-Maier-Straße and the Aurach greenfields, the route leads back to the PUMA building in Würzburger Straße.

## Running route 5



Length: 7.24 km

Overall height: 62 m

Bituminized path: 4.81 km

Gravel path: 2.28 km

Forest path: 0.15 km

Traffic lighted: 1.96 km

Running route 5 is a partially traffic lighted and partially hard-surfaced track also including gravel and forest paths.

The starting and aiming point of this circular route is located at the northern gate of the Schaeffler company facilities in Industriestraße. The track runs towards the Galgenhofer Straße and, after the INA eastern gate, merges into the walking and cycling path to Hauptendorf.

At the Hauptendorfer Straße, the running route turns to the

center of the village and then leads to the field area between Hauptendorf and Burgstall via the Föhrenberg hill. Subsequently, it crosses the southern part of the golf course. After passing through Burgstall, the track leads on via the Veitsbronner Straße to the Schleifmühlbach creek. After crossing a bridge, the route runs towards the Galgenhof farm via a field and forest path. Finally, the route leads back via the Galgenhofer Straße and the walking and cycling path to the starting and aiming point at the INA northern gate.

## Running route 6



Length: 8.20 km

Overall height: 82 m

Bituminized path: 1.62 km

Gravel path: 1.10 km

Paved path: 0.20 km

Forest path: 5.28 km

Traffic lighted: 1.12 km

Running route 6 is a partially traffic lighted and partially hard-surfaced track also including gravel and forest paths. Thanks to a 5 km part of this route leading through the Dohnwald forest, this

track is particularly suitable for running on hot and sunny days.

The starting and aiming point of this track is located opposite the entrance of the HerzogsPark hotel in Beethovenstraße. The route then leads towards Ansbacher Straße. After crossing the street, it follows the western field path along the ponds and soon turns right into the Dohnwald forest in direction of the Trimm-Dich-Pfad ("keep fit track").

It then passes by the old mill Eckenmühle towards the Hessenmühle riding stable on surfaced forest paths through the Dohnwald forest and alongside the ponds. Subsequently, the track turns right into the field paths to Steinbach. Via the Amselweg, the track reaches the field paths through the Schleifmühltal valley. At the Schleifenmühle, the route turns left into the walking path towards the starting and aiming point in front of the HerzogsPark hotel.

## Running route 7



Length: 7.43 km

Overall height: 45 m

Bituminized path: 0.83 km

Gravel path: 1.20 km

Forest path: 5.40 km

Traffic lighted: 0.35 km

Running route 7 is a partially traffic lighted and partially hard-surfaced track also including gravel and forest paths. Thanks to a 5 km part of this route leading through the Birkenbühl forest, this track is particularly suitable for running on hot and sunny days.

The starting and aiming point of this circular route is located opposite the bus station "Fachklinik". Shortly after the clinic, the route leaves the walking and cycling path, crosses below the northern bypass and finally reaches the Birkenbühl forest via the Reuthweg. Subsequently, it passes through the Birkenbühl forest on a circular track and finally leads back to the starting and aiming point on the same path.

## Contact

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